



# SALE TENNIS CLUB

WWW.SALESPO RTSCLUB.COM



## COACHING PROGRAMME

OUR REGULAR TENNIS COURSES RUN ALL YEAR ROUND FOR 5 - 7 WEEKS TO COINCIDE WITH THE SCHOOL CALENDAR.

WE ALSO RUN TENNIS CAMPS DURING SCHOOL HOLIDAYS.

COURSES ARE RUN BY OUR EXPERIENCED CLUB COACH JAREK DABROS WHO IS LTA LICENSED (CCA - CLUB COACH AWARD) LEVEL 4 COACH AND ALSO CRB CHECKED AND FIRST AID TRAINED.

ALL THE COURSES AND SESSIONS ARE OPEN ALSO TO NON-MEMBERS BUT AFTER COMPLETING THE FIRST COURSE SALE TENNIS CLUB MEMBERSHIP IS NEEDED TO CONTINUE PLAYING OR £1 FOR EACH SESSION WILL BE ADDED TO THE TOTAL COST OF THE COURSE.

PLEASE NOTE THAT THE COST FOR SALE CLUB JUNIOR MEMBER IS ONLY £25/YEAR AND IT ENTITLES YOU TO APPLY FOR A FREE BRITISH TENNIS MEMBERSHIP (WITH FREE BENEFITS) AT [WWW.LTA.ORG.UK](http://WWW.LTA.ORG.UK). PLEASE VISIT OUR WEBSITE FOR MORE INFO REGARDING MEMBERSHIP.

### COST EXAMPLE BASED ON 5 WEEK COURSE:

● TINY TOTS:	£20 (£4/SESSION)
● MINI TENNIS AND JUNIORS:	£25 (£5/SESSION)
● ADULTS:	£30 (£6/SESSION)

### MONDAY

3.45 - 4.30	MINI TENNIS TINY TOTS	4 - 5 YRS (WITH PARENT)
4.30 - 5.30	MINI TENNIS RED	6 - 7 YEARS
5.30 - 6.30	MINI TENNIS ORANGE/ GREEN	8 - 10 YEARS
6.30 - 7.30	ADULT INTERMEDIATE/ADVANCED LEVEL	

### THURSDAY

3.45 - 4.30	MINI TENNIS TINY TOTS	4 - 5 YRS (WITH PARENT)
5.30 - 6.30	JUNIOR BEGINNERS/IMPROVERS	11-14 YEARS
6.30 - 7.30	ADULT IMPROVERS	
7.30 - 8.30	ADULT RUSTY RACKETS (BEGINNERS)	

### SATURDAY

9.45 - 10.30	MINI TENNIS TINY TOTS	4 - 5 YRS (WITH PARENT)
10.30 - 11.30	MINI TENNIS RED	6 - 7 YEARS
11.30 - 12.30	JUNIOR BEGINNERS/IMPROVERS	11 - 14 YEARS
12.30 - 13.30	MINI TENNIS ORANGE/ GREEN	8 - 10 YEARS

FOR ALL ENQUIRES PLEASE CONTACT JAREK ON: 07917 548 101 OR EMAIL: JAREKDABROS@YAHOO.COM